

Chhindwara Institute of Medical Sciences, Chhindwara, MP

Time Table - FOUNDATION COURSE

1st MBBS Academic Batch 2025 - 26

Date	Time	Topic / activity / session	Faculty
23.09.25 Tuesday	9am – 12pm	Orientation to college	Dr. Kruti Karde, Dr. Reena Dhodia
	2 pm - 4pm	Orientation to campus	Dr. Ashish Agrawal, Dr. Swati Meena
24.09.25 Wednesday	9am – 10am	Introduction to MBBS curriculum	Dr. Pravin Yerpude
	10am – 12pm	Introduction to Foundation course - I	Dr. Rupesh Sahu
	12pm – 1pm	College Rules - Do's and Don'ts	Dr. Kapil Raghuvanshi
	2pm – 4 pm	Self introduction of students	Phase I – All faculty
25.09.25 Thursday	9am – 10am	Departmental interaction & round – Anatomy	Anatomy
	10am – 12pm	Departmental interaction & round – Physiology	Physiology
	12pm – 1pm	Departmental interaction & round – PSM	PSM
	2pm – 4pm	Departmental interaction & round – Biochemistry	Biochemistry
26.09.25 Friday	9am – 10am	Introduction to Foundation course - 2	Dr. Vivek Waghmare
	10am – 12pm	Unethical behavior	Dr. Sandip Bhowate
	12pm - 1pm	Stress management	Dr. Sharad Manore
	2pm – 4 pm	Importance of Interpersonal relationship & communication skills	Dr. Purni Tripathi
27.09.25 Saturday	9am – 10am	National health policies	Dr Pravin Yerpude
	10am – 12pm	Vaccination for medical professional	Dr Dileep Dandotiya
	12pm - 1pm	Importance of immunization & vaccination programs in India	Dr Pawan Nandurkar
	2pm – 4 pm	Sports & ECA	Dr. Anurag Vishvakarma
28.09.25 Sunday		HOLIDAY	
29.09.25 Monday	9am – 10am	Biohazard safety	Dr. Purni Tripathi
	10am – 12pm	Indian Medical Graduate	Dr Nitin Gosewade
	12pm - 1pm	Language skill- English	Dr. Jeevan Shetty
	2pm – 4 pm	Breaking bad news	Dr. Nirmal Thakur
30.09.25 Tuesday	9am – 10am	Medical negligence	Dr. Sandesh Choudhary
	10am – 11 am	Sensitization to SDL	Dr. Amol Drugkar
	11am - 1pm	Deans address – MBBS Batch 2025-26	
	2pm – 4 pm	Concept of Professionalism	Dr. Vipin Jain Dr. Dinesh Thakur
01.10.25 Wednesday		HOLIDAY	
02.10.25 Thursday		HOLIDAY	
03.10.25 Friday	9am – 10am	Use of local language in patient interaction	Dr. Tapes Pounikar
	10am – 11am	Introduction to basic life support	Dr. Ashwini Patel
	11am - 1pm	Hands on - BLS	Dr. Nikita Verma
	2pm – 4 pm	ECA - Poster making	Dr. Pritam Khairkar

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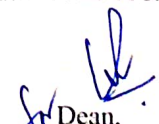
Dr. Pravin Yerpude
DEAN
Chhindwara Institute of Medical Sciences
Chhindwara (M.P.)

Date	Time	Topic / activity / session	Faculty
04.10.25 Saturday	9am – 10am	History of modern medicine	Dr. Sarfaraz Khan
	10am – 11am	Yoga & Health	Dr. Rudrani Singh
	11am – 1pm	Counseling of patients & relatives	Dr. Sonali Trpathi
	2pm – 4 pm	Consequences of unethical & unprofessional behavior	Dr. Manik Sirpurkar Dr. Bharti Badlani
05.10.25 Sunday		HOLIDAY	
06.10.25 Monday	9am – 10am	Role of physician in society	Dr. Vikas Rangare
	10am – 11am	Introduction to Medical Research	Dr. Rupesh Sahu
	11am – 1pm	Career growth advancement in medical profession	Dr. V.S. Waghmare
	2pm – 4 pm	Basics of first aid with hands on	Dr. Amit Rahangdale Dr. Bhupesh Kushram
07.10.25 Tuesday		HOLIDAY	
08.10.25 Wednesday	9 am – 10 am	Debate	Dr. Megha Jain, Dr. Avani Shrivastava
	10am – 12 pm	Biomedical waste management	Dr. Pratima Verma
	12 noon – 1pm	Cultural competence	Dr Kruti Karde
	2pm – 4 pm	Sports/ extracurricular activity	Dr. Vinod Kumre
09.10.25 Thursday	9am – 10am	Local Language Skills	Dr. Sandeep Jain
	10am – 12pm	Medical Record keeping/ Documentation	Dr Nitin Jain
	12pm – 1pm	Introduction to Mentoring	Dr. Amol Drugkar
	2pm – 4 pm	Computer skill	Dr. Suryakant Tiwari
10.10.25 Friday	9am – 10am	Language skill – Guest lecture	Guest speaker
	10am – 12pm	Importance of body donation in medical education	Dr. Amit Mehta
	12pm – 1pm	Administrative information	Dr. Anjulika
	2pm – 4 pm	Community orientation	Dr. Kirti Jogdand
11.10.25 Saturday	9 am – 10am	Local Language Skills	Dr. Jyoti Nagwanshi Dr. Nidhi Narrey
	10 am – 11am	Administrative information	Dr. Vikas Dwivedi
	11 am – 1pm	Essay writing	Dr. Vivek Waghmare
	2pm – 4 pm	Feedback & Perceptions of Foundation course	Dr. Kapil Raghuwanshi

Note -

- All sessions will be conducted at Lecture theatre – 1, First floor, college building, CIMS
- Deans Address, White coat ceremony and Parent Teachers interaction will be conducted at Dr. H.K.T. Raza hall, 5th floor, college building, CIMS
- Foundation course teaching schedules may change as per the number of admissions of students


Coordinator,
Foundation course,
1st MBBS 25-26 Batch
CIMS, Chhindwara

 18.9.25
Dean,
CIMS, Chhindwara
DEAN
Chhindwara Institute of Medical Sciences
Chhindwara (M.P.)